



German Open Poomsae 2023

Poomsae - Freestyle - Para

- Date:** **25 + 26 February 2023**
- Place:** **21147 Hamburg**
CU Arena
Am Johannisland 2-4
- Promoter:** **Deutsche Taekwondo Union e.V.**
Responsible: Rainer Tobias, DTU – Vice President Poomsae
- Chairman:** IR Andreas Osthoff, DTU - Referee Director
osthoff@dtu-mail.de
- Organizer:** **Hamburger Sportfreunde e.V.**
- Information:** www.dtu.de
- Schedule:**
- Friday, 24 February 2023**
19:00 - 21:00, Registration for everyone, CU Arena
- Saturday, 25 February 2023**
Senior and Master Divisions 18 +
Freestyle 18 +, Freestyle Team 12 +
Para Divisions all ages
07:00, Opening of the hall
07:30 - 08:00, Registration for everyone, CU Arena
10:00, Start of competitions
- Sunday, 26 February 2023**
Mini, Cadet and Junior Divisions 8 - 17
Freestyle 8 - 17
07:00, Opening of the hall
08:00 - 08:30, Registration for Cadet and Junior, CU Arena
10:00, Start of competitions

DEUTSCHE TAEKWONDO UNION E.V.

Mitglied Deutscher Olympischer Sportbund (DOSB), European Taekwondo Union (ETU) und World Taekwondo (WT)



Qualification: Poomsae and Freestyle 2nd Kup
Para 8th Kup

Age: Age categories are based on the year of birth.

Registration: www.dtu.de

Deadline: **15 February 2023**

Conditions for participation:

Participants from Germany need the DTU Passport. International competitors need to have a valid registration with their countries' Member National Association.

All participants have to proof their age and nationality by presenting their valid passport or identification card at registration. Those who are not recognized as adults by law in their own country must submit a written consent signed by parents or lawful guardians accepting the participation and all parts of the official invitation (declaration of liability).

Each competitor may only start for his own nation.

This tournament is a public event, and hence regional and national media (online and print) will report about the tournament by publishing names, starting lists, results as well as pictures and videos. In addition, also the German Taekwondo Union will publish names, starting lists, results as well as pictures and videos in their online and print media.

The data will only be used for planning, realizing and administering the event, in accordance with the current data protection rules.

Information can be found here:

www.dtu.de/fileadmin/Downloads/Ordnungen/Neu/02-11-Infopflichten_Wettkampfe-DTU-V1.2.pdf.

By registering, the participants accept the NADA Code in its current version and submit to the application of the Anti Doping regulations by registering for and participating at this tournament. More information can be found at www.nada.de.

Uniform:

All athletes from 1st Poom / Dan must wear a WT-approved Poomsae competition uniform.

Mini Division (Ages 8-11): White Dobok or white top with red and black collar, blue pants for males; the same top, but with red pants for females.

Cadet Division (Ages 12-14): White top with red and black collar, blue pants for males; the same top, but with red pants for females.

Junior and Senior Division (Ages 15-50): White top with dark blue pants for males; white top with light blue pants for females.

Master Division (Age 51 and older): Yellow top and dark blue pants for both males and females.



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Payment Entry: Individual competition / Freestyle / Para: € 45,-- per contestant
Pair competition / Freestyle: € 50,-- per pair
Team competition / Freestyle: € 60,-- per team

Entry fees to be paid to the following account:

Deutsche Taekwondo Union e.V.

Bank Name: Sparkasse Ingolstadt Eichstaett

IBAN NO: IBAN: DE88 7215 0000 0020 0192 61

BIC Code: BYLADEM1ING

Team payments: GOP2023 plus TEAM NAME (same Team Name as given in the online registration)

Individual payments: GOP2023 plus athlete's name

Deutsche Taekwondo Union does not refund entry fees.

Registration after

Deadline: Is possible by paying double fees, until **21 February 2023**.

Competition Rules:

Competition rules of WT with variations as stated in this announcement.

Classes:

A change of the age category is not possible. The team competitors can only start in their respective age category.

Protest:

Only the official coach is allowed to protest after 10 minutes of the pertinent contest. The protest is € 100,-- which has to be paid immediately to the referee director.

Liability:

All contestants of the championship participate at their own risk. With the application form, all competitors or their parents or lawful guardians accept the exclusion of liability. We would like to point out that with your registration you declare your consent to the collection, processing and use of our personal data via these databases. The organizers assert that the data collected are used in compliance with the EU General Data Protection Regulation, only as a means to carry out the German Open Poomsae 2023.

Scoring:

Places 1 - 4 will be scored for classification of clubs and nations.

The formula 6 - 3 - 1 - 1 will be used.

First place without a fight gives you 1 point.

Reported teams of the German national associations (Landesverbände) will only be counted in the country score.

Award presentation:

Medals for places 1 - 4 in the individual classes,

Medals for places 1 - 4 in the pair- and team classes,

Trophies for places 1 - 5 for clubs,

Trophies for places 1 - 5 for nations.





Recognized Poomsae Competition:

Round	Participants	Poomsae
1	all athletes*	will be drawn
2	50% athletes/pairs/ teams with the highest points**	
3	8 athletes/pairs/teams with the highest points	

* The 1st round will be cancelled when there are 19 or fewer participants.

** The 1st and 2nd round will be cancelled when there are 8 or fewer participants.

Form specification Recognized Single Competition:

Participants	Age (year of birth)	Poomsae
Mini Division	8 - 11 years 2012-2015	Taeguk 4, 5, 6, 7, 8 Jang
Cadet Division	12 - 14 years 2009-2011	Taeguk 4, 5, 6, 7, 8 Jang, Koryo, Kumgang
Junior Division	15 - 17 years 2006-2008	Taeguk 4, 5, 6, 7, 8 Jang, Koryo, Kumgang, Taebaek
Division under 30	18 - 30 years 1993-2005	Taeguk 6, 7, 8 Jang, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin
Division under 40	31 - 40 years 1983-1992	Taeguk 6, 7, 8 Jang, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin
Division under 50	41 - 50 years 1973-1982	Taeguk 8 Jang, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon
Division under 60	51 - 60 years 1963-1972	Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
Division under 65	61 - 65 years 1958-1962	Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
Division over 66	66 years and higher -1957	Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu

Single competition: 1 athlete (m / f)

Form specifications Recognized Pair- and Team Competition:

Participants	Age (year of birth)	Poomsae
Mini Pair + Team	8 - 11 years 2012-2015	Taeguk 4, 5, 6, 7, 8 Jang
Cadet Pair + Team	12 - 14 years 2009-2011	Taeguk 4, 5, 6, 7, 8 Jang, Koryo, Kumgang
Junior Pair + Team	15 - 17 years 2006-2008	Taeguk 4, 5, 6, 7, 8 Jang, Koryo, Kumgang, Taebaek
Division Pair + Team	18 - 30 years 1993-2005	Taeguk 6, 7, 8 Jang, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin
Division Pair + Team	31 years and higher -1992	Taeguk 8 Jang, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon

Pair competition: 2 athletes (m+f)

Team Competition: 3 athletes (m+m+m / f+f+f)



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General Information for

Recognized Poomsae: Cut off system.

Every running poomsae will be drawn by lot.

In each competition, different poomsae will be performed.

Achieved points from the rounds before will not be carried over to the next round.

The poomsae have to be presented in the same order as they were drawn.

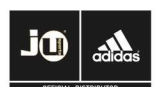
After the first poomsae (the waiting period between 1st and 2nd Poomsae is minimum of 30 seconds) the athlete has to start with the second one.

In case there is a tied score after the completion of the final round on the ranks 1, 2, 3 or 4, the contestant who is awarded more points in presentation shall be declared the winner. In case the score is still tied, the contestant with the highest total points (including the highest and lowest points) wins. If it's still tied the referee director will decide on a poomsae to be performed.

The organizer reserves the right to reduce the number of poomsae to be performed in the preliminary and the semi final round to one (1) poomsae. In the final, two poomsae are presented.

Drawing:

The recognized poomsae for each category will be drawn by the competition board. They will be published on 24 February 2023 on www.dtu.de and on Social Media.





Freestyle Poomsae Competition:

Round	Participants
1	all athletes

Freestyle Single Competition:

Participants	Age (year of birth)
Division under 11	8 - 11 years 2012-2015
Division under 17	12 - 17 years 2006-2011
Division over 17	18 years and higher -2005

Single competition: 1 athlete (m / f)

Freestyle Pair- and Team Competition:

Participants	Age (year of birth)
Division Pair under 17	8 - 17 years 2006-2015
Division Pair over 17	18 years and higher -2005
Division Team over 12	12 years and higher -2011

Pair competition: 2 athletes (m+f)

Team Competition: 5 athletes (m+m+m+f+f or f+f+f+m+m)

General Information for Freestyle Poomsae:

Freestyle Poomsae is the performance based on taekwondo techniques with composition of music and choreography. Music and choreography shall be the choice of the contestant. The duration of the contest is from 90 to 100 seconds.

Points of mandatory foot techniques shall be awarded only if athletes perform the techniques in the given order as below:

- Heights of jump
- Number of kicks in a jump
- Gradient of spins in a spin kick
- Performance level of consecutive kicks
- Acrobatic actions

Performed techniques must be within the boundary of taekwondo.

In Freestyle Competition you perform only one Poomsae.

Music:

During registration time on Friday and Saturday, you can submit your music in MP3 format. Please save the filename of the music with name and starting class.





Para Poomsae Competition:

Round	Participants	Poomsae
1, 2, 3	all athletes P 20*	free choice
1	all athletes P 10, 30, and 60*	will be drawn
2	50% athletes/pairs/teams with the highest points**	will be drawn
3	8 athletes/pairs/teams with the highest points	will be drawn

* The 1st round will be cancelled when there are 19 or fewer participants.

** The 1st and 2nd round will be cancelled when there are 8 or fewer participants.

Para Competition:

Participants	Age (year of birth)	Poomsae
P 11	12 - 15 years 2008-2011	Taeguk 4, 5, 6, 7, 8, Koryo, Kumgang
P 11	16 - 29 years 1994-2007	Taeguk 5, 6, 7, 8, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin
P 11	30 years and higher -1993	Taeguk 8, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
P 12	12 - 15 years 2008-2011	Taeguk 4, 5, 6, 7, 8, Koryo, Kumgang
P 12	16 - 29 years 1994-2007	Taeguk 5, 6, 7, 8, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin
P 12	30 years and higher -1993	Taeguk 8, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
P 13	12 - 15 years 2008-2011	Taeguk 4, 5, 6, 7, 8, Koryo, Kumgang
P 13	16 - 29 years 1994-2007	Taeguk 5, 6, 7, 8, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin
P 13	30 years and higher -1993	Taeguk 8, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
P 20	12 - 15 years 2008-2011	Taeguk 1, 2, 3, 4, 5, 6, 7, 8, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin
P 20	16 - 29 years 1994-2007	Taeguk 1, 2, 3, 4, 5, 6, 7, 8, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin
P 20	30 years and higher -1993	Taeguk 1, 2, 3, 4, 5, 6, 7, 8, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin
P 31	12 - 15 years 2008-2011	Taeguk 4, 5, 6, 7, 8, Koryo
P 31	16 - 29 years 1994-2007	Taeguk 5, 6, 7, 8, Koryo, Taebaek, Pyongwon, Sipjin
P 31	30 years and higher -1993	Taeguk 8, Koryo, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu

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P 32	12 - 15 years 2008-2011	Taeguk 4, 5, 6, 7, 8, Koryo
P 32	16 - 29 years 1994-2007	Taeguk 5, 6, 7, 8, Koryo, Taebaek, Pyongwon, Sipjin
P 32	30 years and higher -1993	Taeguk 8, Koryo, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
P 33	12 - 15 years 2008-2011	Taeguk 4, 5, 6, 7, 8, Koryo
P 33	16 - 29 years 1994-2007	Taeguk 5, 6, 7, 8, Koryo, Taebaek, Pyongwon, Sipjin
P 33	30 years and higher -1993	Taeguk 8, Koryo, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
P 34	12 - 15 years 2008-2011	Taeguk 4, 5, 6, 7, 8, Koryo
P 34	16 - 29 years 1994-2007	Taeguk 5, 6, 7, 8, Koryo, Taebaek, Pyongwon, Sipjin
P 34	30 years and higher -1993	Taeguk 8, Koryo, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
P 35	12 - 15 years 2008-2011	Taeguk 4, 5, 6, 7, 8, Koryo
P 35	16 - 29 years 1994-2007	Taeguk 5, 6, 7, 8, Koryo, Taebaek, Pyongwon, Sipjin
P 35	30 years and higher -1993	Taeguk 8, Koryo, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
P 36	12 - 15 years 2008-2011	Taeguk 4, 5, 6, 7, 8, Koryo
P 36	16 - 29 years 1994-2007	Taeguk 5, 6, 7, 8, Koryo, Taebaek, Pyongwon, Sipjin
P 36	30 years and higher -1993	Taeguk 8, Koryo, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
P 61	12 - 15 years 2008-2011	Taeguk 6, 7, 8, Koryo, Kumgang
P 61	16 - 29 years 1994-2007	Taeguk 6, 7, 8, Koryo, Kumgang
P 61	30 years and higher -1993	Taeguk 6, 7, 8, Koryo, Kumgang
P 62	12 - 15 years 2008-2011	Taeguk 6, 7, 8, Koryo, Kumgang
P 62	16 - 29 years 1994-2007	Taeguk 6, 7, 8, Koryo, Kumgang
P 62	30 years and higher -1993	Taeguk 6, 7, 8, Koryo, Kumgang





Para Pair- and Team Competition (only P 60):

Participants	Age (year of birth)
Division under 16	12 - 15 years 2008-2011
Division under 30	16 - 29 years 1994-2007
Division over 30	30 years and higher -1993

General Information for Para Poomsae:

Cut off system.

Every running poomsae will be drawn by lot, with exception of the P 20 class.

Achieved points from the rounds before will not be carried over to the next round.

The poomsae have to be presented in the same order as they were drawn.

In the P 10 and P 20 Classes, the coach may give the commands.

After the first poomsae (the waiting period between 1st and 2nd Poomsae is minimum of 60 seconds) the athlete has to start with the second one.

In case there is a tied score after the completion of the final round on the rank 1, 2, 3 or 4, the contestant who is awarded more points in presentation shall be declared the winner. In case the score is still tied, the contestant with the highest total points (including the highest and lowest points) wins. If it's still tied the referee director will decide on a poomsae to be performed.

The WT Para rules 2017 will be applied with bonuspoints and deductions.

The organizer reserves the right to reduce the number of poomsae to be performed in the preliminary and the semi final round to one (1) poomsae. In the final two poomsae are presented.

All participants in the para divisions must show a medical certificate to prove their disability at the registration. This certificate can be issued in German or English language. If the participant is in possession of a disabled ID card, it needs to be shown as well.

A classification according via WT Master-List or by Virtus is also accepted.

The German participants in the Para Classes need a Para-Pass. The description of applications is available at:

www.dtu.de/fileadmin/Para/Info-Paket_Para-Bereich.pdf.



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Drawing:

The Para poomsae for each category will be drawn by the competition board. They will be published on 24 February 2023 on www.dtu.de.

