



OUTLINE

TVSH Open Poomsae & Breaking 2019

- promoter:** Taekwondo Federation Schleswig-Holstein e.V.
www.tv-sh.de
- responsible:** Malte Mergner – TVSH- Vice-President Poomsae & Mass Sports
e-mail: mergner@tvsh-mail.de
- organizer:** Moo Rim San e.V.
Karsten Jahn
phone: +49 - 4191 - 272 69 44
e-mail: info@moorimsan.de
- date:** **Saturday, 16th November 2019**
- place:** Sportshall at Lakweg,
Lakweg 4, 24568 Kaltenkirchen, GERMANY
- schedule:**
- | | |
|-------------------|-----------------------------|
| 07.30 am | opening of the hall |
| 07.45 – 08.45 am: | registration for all groups |
| 09.00 – 09.30 am: | referee test |
| 09.30 – 09.45 am: | coach meeting |
| 09.45 – 10.00 am: | official welcome |
| 10.00 am: | start of the competition |
- competitors:** TKD-competitors 7th Kup and above, with a valid WTE/WT-membership
- Those who are not recognized as adults by law in their own country must submit a written consent signed by parents or lawful guardian accepting the participation and all parts of the official invitation (liability declaration).
- rules:** The competition rules of the DTU are valid, with the following modification:
- for individual, pair, synchron:
- number of rounds:
9 competitors and above: 2 rounds (semi-final & final)
1 – 8 competitors: 1 round (final)
 - number of competitors:
semi-final: all competitors
final: 8 best scored competitors
 - Achieved points from the semi-final will not count for the final.



4. number of Poomsae:
 - semi-final: 1 Poomsae
 - final: 2 Poomsae, starting with the second Poomsae not later than 1 minute after the end of the first Poomsae
5. A change of the category (age-group/graduation) is not permitted.
6. compulsory Poomsae:
 - individual LK 1: drawn by lot for each category and published on 3rd November 2019 on the TVSH website in the "Termine" section at www.tv-sh.de
 - individual LK 2 + LK 3: defined in this outline
 - pair & synchron: defined in this outline

for breaking:

1. 1 round for all competitors: final.
2. The competitor has to bring his own breaking material.
3. Only single-breaking or combinations in one jump are allowed.
4. Breaking with the hand is only allowed for competitors older than 18 years.
5. Only wood is allowed, 30 cm x 30 cm.
6. The belt-promotion-rules of the DTU for breaking are valid for the wood size. With increased difficulty these can be reduced.
7. All partners who will assist have to wear a dobok.

categories:

individual

LK 1 = category 1			
participants	year of birth	compulsory Poomsae	graduation
division under 9	before 2010	Taeguk 4 – Poomsae Koryo	1 st Kup and above
division under 11	2009 – 2008		
division under 14	2007 – 2005		
division under 17	2004 – 2002	Taeguk 6 – Poomsae Taebaek	
division under 30	2001 – 1989		
division under 40	1988 – 1979		
division above 41	after 1978		



LK 2 = category 2				
participants	year of birth	semi-final	final	graduation
division under 9	before 2010	Taeguk 4	Taeguk 5 + Taeguk 6	4 th Kup – 1 st Dan
division under 11	2009 – 2008			
division under 14	2007 – 2005			
division under 17	2004 – 2002			
division under 30	2001 – 1989			
division under 40	1988 – 1979			
division above 41	after 1978			

LK 3 = category 3				
year of birth	year of birth	semi-final	final	graduation
division under 9	before 2010	Taeguk 1	Taeguk 2 + Taeguk 3	7 th Kup – 5 th Kup
division under 11	2009 – 2008			
division under 14	2007 – 2005			
division under 17	2004 – 2002			
division under 30	2001 – 1989			
division under 40	1988 – 1979			
division above 41	after 1978			

pair and synchron:

LK 1 = category 1				
participants	year of birth	semi-final	final	graduation
division under 11	before 2008	Taeguk 5	Taeguk 6 + Taeguk 7	3 rd Kup and above
division under 17	2007 – 2002			
division under 30	2001 – 1989			
division above 31	after 1988			

LK 2 = category 2				
participants	year of birth	semi-final	final	graduation
division under 11	before 2008	Taeguk 1	Taeguk 2 + Taeguk 3	7 th Kup – 4 th Kup
division under 17	2007 – 2002			
division under 30	2001 – 1989			
division above 31	after 1988			

breaking:

participants	year of birth	thickness male	thickness female	graduation
division under 17	2005 – 2002	min. 1.5 cm	min. 1.5 cm	7 th Kup and above
division above 18	after 2001	18 – 49: min. 2.5 cm + 50: min. 2.0 cm	18 – 49: min. 2.0 cm + 50: min. 1.5 cm	



fee: registration before 27th October 2019: early-bird
 registration after 28th October 2019: regular

category	early-bird	regular
individual	17.00 €	20.00 €
pair	12.00 €	15.00 €
synchron	12.00 €	15.00 €
breaking	5.00 €	8.00 €

Entry fees must be paid for all competitors on the following account. Registrations without evidence of the transfer are considered as not delivered. If a competitor does not start, the fee will expire. Cash payment isn't possible.

bank account:

recipient: TVSH
 bank name: Sparkasse Südholstein
 IBAN: DE 43 2305 1030 0510 1014 62
 BIC: NOLA DE 21 SHO
 reference: TVSH Open Poomsae / CLUB NAME

deadline: Sunday, 10th November 2019

The registration after the deadline is possible until Thursday, 14th November 2019, by paying the double fees.

limit: The online-registration closes on exceeding the limit of competitors.

registration: TVSH-Online-Registration
<https://reg.tv-sh.de/>

You will need to register on the internet. Please register the name of your club, your nation and your personal e-mail.

chairman: Claudia Kohl – TVSH Referee Director Poomsae

awards:

individual:	1 st place:	trophy + certificate
individual:	2 nd + 3 rd place:	medal + certificate
individual:	no place:	certificate
pair:	1 st – 3 rd place:	medal + certificate
synchron:	1 st – 3 rd place:	medal + certificate
breaking:	1 st – 3 rd place:	medal + certificate
clubs:	1 st – 3 rd place:	trophy

The award ceremony will take place immediately after the respective contest on the competition area.



- scoring:** Places 1 - 3 will be scored for classification of clubs and countries.
The formula 6 - 3 - 1 will be used.
- liability:** All competitors participate at their own risk. The registration application implies that the competitors agree to assume responsibility for themselves and to release all others from all and any liability which may directly or indirectly result from the tournament.
- data privacy:** The competitors agree with the registration that the results (with the name of the athletes) will be reported on the internet as well as in printed media.
- anti-doping:** All competitors accept with the registration the agreement with the NADA/WADA (National & World Antidoping Agency) www.nada.de