



## OUTLINE

### TVSH Open Poomsae & Breaking 2018

- promoter:** Taekwondo Federation Schleswig-Holstein e.V.  
[www.tv-sh.de](http://www.tv-sh.de)
- responsible:** Malte Mergner – TVSH- Vice-President Poomsae & Mass Sports  
e-mail: [mergner@tvsh-mail.de](mailto:mergner@tvsh-mail.de)
- organizer:** Moo Rim San e.V.  
Karsten Jahn  
phone: +49 - 4191 - 272 69 44  
e-mail: [info@moorimsan.de](mailto:info@moorimsan.de)
- date:** **Saturday, 17<sup>th</sup> November 2018**
- place:** Sportshall at Lakweg,  
Lakweg 4, 24568 Kaltenkirchen, GERMANY
- schedule:**
- |                   |                             |
|-------------------|-----------------------------|
| 07.30 am          | opening of the hall         |
| 07.45 – 08.45 am: | registration for all groups |
| 09.00 – 09.30 am: | referee test                |
| 09.30 – 09.45 am: | coach meeting               |
| 09.45 – 10.00 am: | official welcome            |
| 10.00 am:         | start of the competition    |
- competitors:** TKD-competitor 7<sup>th</sup> Kup and above, with a valid ETU/WTF-membership
- Those who are not recognized as adults by law in their own country must submit a written consent signed by parents or lawful guardian accepting the participation and all parts of the official invitation (liability declaration).
- rules:** The competition rules of the DTU are valid, with the following modification:
- for individual, pair, synchron:
- |                          |                               |
|--------------------------|-------------------------------|
| 1. number of rounds:     |                               |
| 9 competitors and above: | 2 rounds (semi-final & final) |
| 1 – 8 competitors:       | 1 round (final)               |

2. number of competitors:  
 semi-final: all competitors  
 final: 8 best scored competitors
3. Achieved points from the semi-final will not count for the final.
4. number of Poomsae:  
 semi-final: 1 Poomsae  
 final: 2 Poomsae, starting with the second Poomsae not later than 1 minute after the end of the first Poomsae
5. A change of the category (age-group/graduation) is not permitted.
6. compulsory Poomsae:  
 individual LK 1: drawn by lot for each category and published on 4<sup>th</sup> November 2018 on the TVSH website in the "Termine" section at [www.tv-sh.de](http://www.tv-sh.de)  
 individual LK 2 + LK 3: defined in this outline  
 pair & synchron: defined in this outline

for breaking:

1. 1 round for all competitors: final.
2. The competitor has to bring his own breaking material.
3. Only single-breaking or combinations in one jump are allowed.
4. Breaking with the hand is only allowed for competitors older than 18 years.
5. Only wood is allowed, 30 cm x 30 cm.
6. The belt-promotion-rules of the DTU for breaking are valid for the wood size. With increased difficulty these can be reduced.
7. All partners who will assist have to wear a dobok.

**categories:**            **individual**

| <b>LK 1 = category 1</b> |                      |                               |                               |
|--------------------------|----------------------|-------------------------------|-------------------------------|
| <b>participants</b>      | <b>year of birth</b> | <b>compulsory Poomsae</b>     | <b>graduation</b>             |
| division under 9         | before 2009          | Taeguk 4 –<br>Poomsae Koryo   | 1 <sup>st</sup> Kup and above |
| division under 11        | 2008 – 2007          |                               |                               |
| division under 14        | 2006 – 2004          | Taeguk 4 –<br>Poomsae Taebaek |                               |
| division under 17        | 2003 – 2001          |                               |                               |
| division under 30        | 2000 – 1988          |                               |                               |
| division under 40        | 1987 – 1978          |                               |                               |
| division above 41        | after 1977           |                               |                               |

| <b>LK 2 = category 2</b> |               |            |                        |   |
|--------------------------|---------------|------------|------------------------|---|
| participants             | year of birth | semi-final | final                  | graduation                                |
| division under 9         | before 2009   | Taeguk 4   | Taeguk 5 +<br>Taeguk 6 | 4 <sup>th</sup> Kup – 1 <sup>st</sup> Kup |
| division under 11        | 2008 – 2007   |            |                        |   |
| division under 14        | 2006 – 2004   |            |                        |   |
| division under 17        | 2003 – 2001   |            |                        |   |
| division under 30        | 2000 – 1988   |            |                        |   |
| division under 40        | 1987 – 1978   |            |                        |   |
| division above 41        | after 1977    |            |                        |   |

| <b>LK 3 = category 3</b> |               |            |                        |   |
|--------------------------|---------------|------------|------------------------|---|
| year of birth            | year of birth | semi-final | final                  | graduation                                |
| division under 9         | before 2009   | Taeguk 1   | Taeguk 2 +<br>Taeguk 3 | 7 <sup>th</sup> Kup – 5 <sup>th</sup> Kup |
| division under 11        | 2008 – 2007   |            |                        |   |
| division under 14        | 2006 – 2004   |            |                        |   |
| division under 17        | 2003 – 2001   |            |                        |   |
| division under 30        | 2000 – 1988   |            |                        |   |
| division under 40        | 1987 – 1978   |            |                        |   |
| division above 41        | after 1977    |            |                        |   |

**pair and synchron:**

| <b>LK 1 = category 1</b> |               |            |                        |                               |
|--------------------------|---------------|------------|------------------------|-------------------------------|
| participants             | year of birth | semi-final | final                  | graduation                    |
| division under 11        | before 2007   | Taeguk 5   | Taeguk 6 +<br>Taeguk 7 | 3 <sup>rd</sup> Kup and above |
| division under 17        | 2006 – 2001   |            |                        |                               |
| division under 30        | 2000 – 1988   |            |                        |                               |
| division above 31        | after 1987    |            |                        |                               |

| <b>LK 2 = category 2</b> |               |            |                        |   |
|--------------------------|---------------|------------|------------------------|---|
| participants             | year of birth | semi-final | final                  | graduation                                |
| division under 11        | before 2007   | Taeguk 1   | Taeguk 2 +<br>Taeguk 3 | 7 <sup>th</sup> Kup – 4 <sup>th</sup> Kup |
| division under 17        | 2006 – 2001   |            |                        |   |
| division under 30        | 2000 – 1988   |            |                        |   |
| division above 31        | after 1987    |            |                        |   |

**breaking:**

| participants      | year of birth | thickness male                            | thickness female                          | graduation                    |
|-------------------|---------------|---|---|-------------------------------|
| division under 13 | before 2005   | min. 1.0 cm                               | min. 1.0 cm                               | 7 <sup>th</sup> Kup and above |
| division under 17 | 2004 – 2001   | min. 1.5 cm                               | min. 1.5 cm                               |                               |
| division above 18 | after 2000    | 18 – 49: min. 2.5 cm<br>+ 50: min. 2.0 cm | 18 – 49: min. 2.0 cm<br>+ 50: min. 1.5 cm |                               |

**fee:** registration before 28<sup>th</sup> October 2018: early-bird  
 registration after 29<sup>th</sup> October 2018: regular

| category   | early-bird | regular |
|------------|------------|---------|
| individual | 17.00 €    | 20.00 € |
| pair       | 12.00 €    | 15.00 € |
| synchron   | 12.00 €    | 15.00 € |
| breaking   | 5.00 €     | 8.00 €  |

Entry fees must be paid for all competitors on the following account. Registrations without evidence of the transfer are considered as not delivered. If a competitor does not start, the fee will expire. Cash payment isn't possible.

bank account:

recipient: TVSH  
 bank name: Sparkasse Südholstein  
 IBAN: DE 43 2305 1030 0510 1014 62  
 BIC: NOLA DE 21 SHO  
 reference: TVSH Open Poomsae / CLUB NAME

**deadline:** Sunday, 11<sup>th</sup> November 2018

The registration after the deadline is possible until Thursday, 15<sup>th</sup> November 2018, by paying the double fees.

**registration:** TVSH-Online-Registration  
<http://req.tv-sh.de/>

You will need to register on the internet. Please register the name of your club, your nation and your personal e-mail.

**chairman:** Claudia Kohl – TVSH Referee Director Poomsae

**awards:**

|             |  |                      |
|-------------|--|----------------------|
| individual: | 1 <sup>st</sup> place:                   | trophy + certificate |
| individual: | 2 <sup>nd</sup> + 3 <sup>rd</sup> place: | medal + certificate  |
| individual: | no place:                                | certificate          |
| pair:       | 1 <sup>st</sup> – 3 <sup>rd</sup> place: | medal + certificate  |
| synchron:   | 1 <sup>st</sup> – 3 <sup>rd</sup> place: | medal + certificate  |
| breaking:   | 1 <sup>st</sup> – 3 <sup>rd</sup> place: | medal + certificate  |
| clubs:      | 1 <sup>st</sup> – 3 <sup>rd</sup> place: | trophy               |

The award ceremony will take place immediately after the respective contest on the competition area.



- scoring:** Places 1 - 3 will be scored for classification of clubs and countries. The formula 6 - 3 - 1 will be used.
- liability:** All competitors participate at their own risk. The registration application implies that the competitors agree to assume responsibility for themselves and to release all others from all and any liability which may directly or indirectly result from the tournament.
- data privacy:** The competitors agree with the registration that the results (with the name of the athletes) will be reported on the internet as well as in printed media.
- anti-doping:** All competitors accept with the registration the agreement with the NADA/WADA (National & World Antidoping Agency) [www.nada.de](http://www.nada.de)

Best regards

Malte Mergner  
TVSH-Vice-President Poomsae & Mass Sports